Greenwich Peninsula Wellbeing Quest Trail



Discover Greenwich Peninsula through Urban Nature Wellbeing Club's quest trail

The Urban Nature Wellbeing Trail can help you take a break from your daily life, spend time outdoors and learn about the Greenwich Peninsula while keeping active and connecting to the green spaces in the area. Slow down and allow each of the quests to spark your curiosity and creativity – hopefully the journey will help you decompress, relax and recharge.

Answers and additional information for each of the quests can be found on the project's web page: https://greenwichpeninsulawildlifeheritage.co.uk/urban-nature-wellbeing/ alongside several mindfulness practices aimed to support your wellbeing.

1. Did you know that Greenwich Peninsula Ecology Park is a manmade ecosystem? Although most of the habitats in the park are natural, on the lake you can see an artificial habitat – the floating beds. What are they for and why?

A. Foxes
B. Ducks
C. Common terns
D. Pollinators



2. What rare trees were planted on Mudlarks Boulevard and what was their story?

A. Himalayan Birch
B. Black Poplar
C. Holm Oak
D. Scarlet oak

Clue: There is a plaque on Mudlark Boulevard that will give you the answer.

3. Which of the following industries thrived on the peninsula?



A. Gas works
B. Cable manufacturing and telecommunication cables
C. Soap and linoleum production
D. Rope making

4. Find the longest picnic table in Europe. That's right, it is found here on the peninsula – a unique piece of art created by Studio Morison (2019)! As you rest on its benches, look across the river. Can you name any of the features you can see?

Clue: Check the nearby description of the sculpture to learn more about the idea behind it.

5. What did Greenwich Peninsula look like about 700 years ago?

A. It was all covered by the sea
B. It was a desert
C. It was a marshland

Clue: Find the interpretation board along the riverfront to learn more about how the area has changed over history.

6. On the peninsula, there are 5 sculptures which are part of 'The Line' - London's first dedicated public art walk. Find them and write them down below.



1.....
2.....
3.....
4.....
5.....

7. Which of these animals have been spotted on the peninsula recently?

A. Seal
B. Peregrine falcon
C. Kingfisher
D. Rabbit

Learn more about the fauna of the peninsula on the interpretation boards dotted in Southern Park, Greenwich Peninsula Ecology Park and along the riverfront.

8. Did you know that the oldest surviving building on the Greenwich Peninsula is the Pilot Inn (along with the cottages beside it)? What year was it built?

Clue: Find the 'Ceylon Place' plaque on the wall of the pub.



9. How has the river changed over time?

Clue: Find the interpretation board in front of the chaise longue benches on the riverfront and follow the timeline of the river.

A. It was the same width most of the time
B. It was much narrower in the past
C. It was 3 times wider in the past



10. One of the roads on the peninsula is called John Harrison Way. What was John Harrison famous for?

A. The first person to circumnavigate the world
B. A clockmaker who invented the cuckoo clock
C. A clockmaker who made a device to measure longitude at sea
D. The first winner of I'm a Celebrity, Get Me Out of Here in 1922

11. Explore the urban planting schemes on the peninsula. On Mudlarks Boulevard the TCV team have worked hard to improve the biodiversity of this piece of land. Have a look in the planting bed – can you name up to 5 species of plants that attract pollinators?

1.....
2.....
3.....
4.....
5.....



12. When the tide is out, the river foreshore reveals lots of 'treasures'. Which of the following do you think were found at low tide on the small beach close to the yacht club?

A. Horse teeth
B. Cow horns
C. Clay pipes

Clue: There is a beautiful display of findings from the river in the Ecology Park gatehouse.

D. Sea glass
E. Seashells
F. Victorian pottery